



Proposal for Specialized Activity/Creativity



This form **MUST** be signed by the CAS advisor placed in the proper section of the CAS portfolio.

**** Required for ALL activities outside organized school functions or announced in IB English! For example, a cultural cooking experience or a yoga class. Remember THREE sessions count as ONE experience.**

Guidelines:

- Each stage of the activity must show development in the activity being carried out.
- There should be multiple pieces of evidence for the experience; aim to include the stages of development and reveal personal growth.
- The reflection should comment on all sections of the proposal form and will comprise the 200 word minimum. Even if the desired outcome is not met, it still counts, and should be put into the reflection.
- Students should reflect on the experience, how they felt during and after the experience and how they achieved the learning outcomes.

Date _____

CAS Advisor _____

Student's Name _____ ID # _____

Location _____

Proposed Activity

What do you hope to achieve?

Advisor's approval: _____ Date: _____

First Experience Date _____ Number of Hours _____

What was achieved?

Second Experience Date _____ Number of Hours _____

What was achieved?

Final Experience Date _____ Number of Hours _____

Final Outcome