



Modesto High School IB
CAS Activity Self-Evaluation Form
..to be completed and kept in CAS portfolio for every activity
Proposals are REQUIRED for some activities. See handbook!



Name _____ Graduation year _____ Proposal submitted? _____
 Name of Organization & Activity _____ Date of Activity _____ C _____ A _____ S _____
(Type of Activity)

Classify your activity: {Keep in mind that most activities will only achieve 2-3 outcomes.}

Learning Outcome	Achieved?	Evidence? (<i>i.e.</i> photos, weblogs, videos, reflective journals, logs and photocopies of logs from agency) <i>*attach to back of form</i>
1. identify your own strengths and develop areas for growth		
2. demonstrate that challenges have been undertaken, developing new skills in the process		
3. demonstrate how to initiate and plan a CAS experience		
4. show commitment to and perseverance in CAS experiences		
5. demonstrate the skills and recognize the benefit of working collaboratively		
6. demonstrate engagement with issues of global importance		
7. recognize and consider the ethics of choices and behaviors		

- **Summarize what you did and how you interacted with others.**

- **Briefly describe how your experience included at least one or more of the three CAS strands (Creativity, Activity, Service)**

Complete below in ink:

Print Name and title of supervisor: _____

Supervisor signature: _____ Date: _____

Supervisor contact information: _____